

# DR. RAMAN – AYURVEDA DOYEN AT SOMATHEERAM



**“Ayurveda has always been my passion – maintaining the authentic treatments my highest aim. In the course of my career, I gained experience in a broad field, longing from tribal medicine to cooperating with the government of Kerala. Once I had been appointed to being an Ayurveda Director, by the state of Kerala, I knew that the hard work was worth it.”**

If you have not met Dr. Raman so far, you are most definitely missing out on something. He is one of the most interesting personalities and highly valued among the Somatheeram family. He is and has been chief physician at Somatheeram Ayurvedic Health Resort since 1995 and has enriched the lives of thousands of people by sharing his wisdom and leading them to a healthier lifestyle. As Ayurveda veteran and Somatheeram doyen, he is more or less part of the family.

At the reception in the Ayurveda Center, you will always find him as a living example of the south Indian mentality: kind, relaxed and carefree. The Ayurveda specialist cannot imagine his life without the traditional medicine. He often accompanied his uncle, a respectable Ayurveda doctor, on house visits and gained an understanding for the traditional Indian medicine from an early age.

He was significantly involved in developing the recent Somatheeram Ayurveda Program, as many treatment plans bear his signature. Thus, if you want to experience excellent first-hand Ayurveda, please take some time during your next stay at Somatheeram, to meet Dr. Raman.



**TEN TIMES AWARDED AS**  
**“THE BEST AYURVEDIC CENTRE”**  
**BY THE GOVERNMENT OF KERALA**



SOMATHEERAM **AYURVEDIC HEALTH RESORT**